

WHERE TO GET HELP WHEN YOU HURT

The Road to Recovery—Part 2

Pastor K. Doug Allen

(Taken from the Series by Pastor Rick Warren)

REVIEW – You’re not God... but if you insist on acting as though you are...

R.E.C.O.V.E.R.Y

Realize I’m not God; I admit I’m powerless to control my tendency to do the wrong thing and my life is unmanageable.

Step 2:

Earnestly believe that God EXISTS, that I MATTER to him, and that he has the POWER to help me recover.

“Anyone who comes to God must believe that he exists and that he rewards those who earnestly seek him.” Hebrews 10:6

Heb. 11:6 – Anyone that comes to God must believe that He is, and that...

Three Parts

1. ACKNOWLEDGE GOD’S EXISTENCE.

“Since the creation of the world, God’s invisible qualities—his eternal power and divine nature—have been clearly seen.” Romans 1:20 (NIV)

Evolution = Nothing + Noone = Everything?

Random chance as a creative power: Flip a coin – statistics don’t have intelligence or creative ability.

Plato, Immanuel Kant, Rene Descartes, Friedrich Nietzsche, John Locke, so many men, so many explanations, each able to make a relatively sound thesis for their beliefs, though no two completely agree. And though they didn’t invite it, many after them took their theories and expanded on them, often with quite unexpected results. For example Nietzsche was quoted often by Hitler as having a great influence on his philosophy, yet Nietzsche’s world view was directly opposed to fascism and antisemitism. Ideas are dangerous things in the mind of a sin damaged soul.

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There are fewer and fewer atheists and more agnostics... why? You don't have to obey or even know a non-relational God.

“The fool says “There is no God!” Ps. 14:1

2. UNDERSTAND GOD'S CHARACTER

“Christ is the visible expression of the invisible God.” Col. 1:15 (Phillips)

- God KNOWS all about my situation.

“You have seen the crisis in my soul” Ps. 31:7 (TLB)

“ You know how foolish I have been.” Ps. 69:5

- God CARES about my situation.

“He is like a father to us, tender and sympathetic ... for he knows what we are made of dust.” Ps. 103:13–14 (TLB/GNB)

“God says “I have loved you with an everlasting love!” Jer. 31:3

“God showed his great love for us by sending Christ to die for us.” Rom. 5:8 (TLB)

- God can CHANGE me and my situation.

**“I pray you will begin to understand how incredibly great his power is to help those Who believe Him ... the same power that raised Christ from the dead.”
Eph. 1:20 (TLB)**

“What is impossible for men is possible with God.” Luke 18:27 (GNB)

3. ACCEPT GOD'S OFFER TO HELP ME.

“For God is at work within you giving you the will and the power to achieve His purpose.” Phil 2:13 (Phillips)

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“The Spirit that God gives us ... fills us with power, love and self-control.”

2 Tim. 1:7 (GNB)

How to Plug Into God’s Power

BELIEVE and RECEIVE

“When you go through deep waters and great troubles, I will be with you, ... you won’t drown! When you walk through the fires of oppression, you won’t be burned up.” Isa. 43:2–3 (TLB)